

## *Clinton County*

PO Box 472 \* St. Johns, MI 48879

Phone: (989) 723-9716 \* Fax: (989) 224-6947

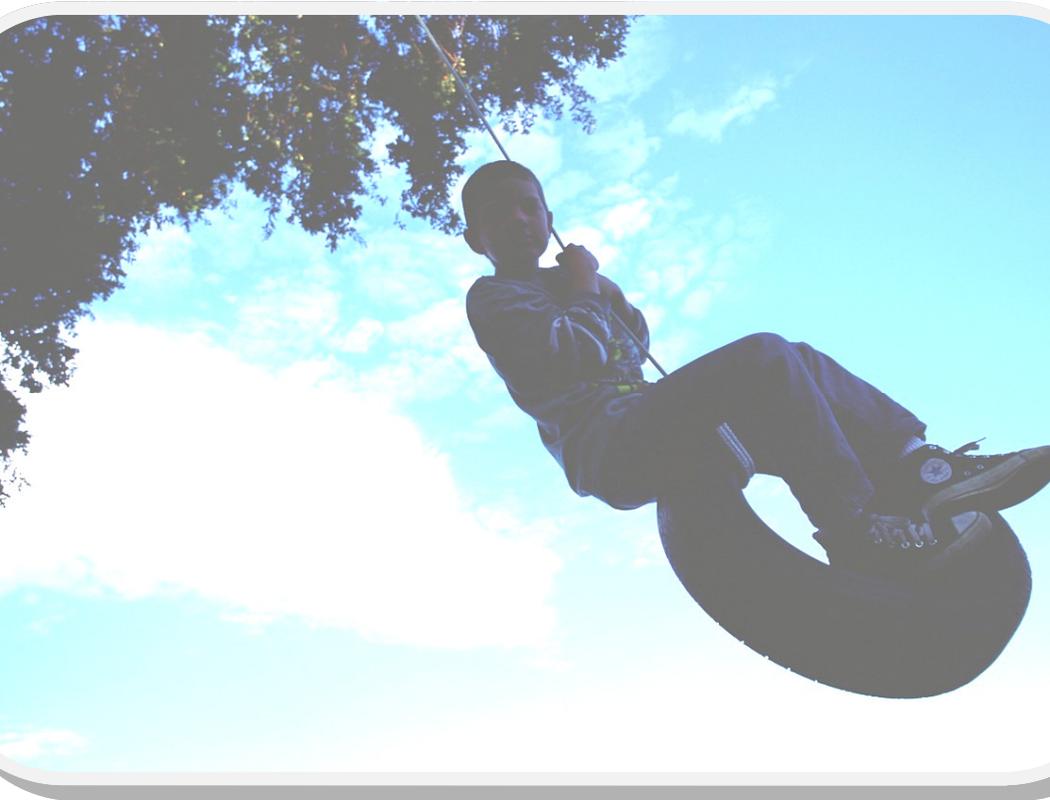
## *Shiawassee County*

1300 N. Hickory \* Owosso, MI 48867

Phone: (989) 723-9716 \* Fax: (989) 723-3822

24-Hour Crisis Line: (877) 952-7283

[www.thesafecenter.org](http://www.thesafecenter.org)



Funded by:  
Capital Area United Way  
Shiawassee United Way



*Annual Report 2011/2012*

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## *From the Board President and Executive Director.....*

We have settled into our new surroundings and are very pleased with both facilities. Each meets the needs of clients by providing a safe compassionate space for victims and staff to explore difficult issues and work together to overcome obstacles.

The three main goals remained but were updated to reflect work completed and additional focus areas for the year. Outlined below is a brief description of activities explaining how we are meeting our strategic goals:

### **Goal I. Develop comprehensive communication strategies.**

This year SafeCenter focused on sexual assault awareness and programming. In collaboration with Memorial Healthcare in Owosso, the Sexual Assault Nurse Examiner (SANE) Program was implemented. This program provides a compassionate community response to assist adult victims of sexual assault.

During opportunities to speak about domestic and sexual violence,

## *Donors.....*

### **Individual Donors**

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Beck, John and Carolyn  
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Depeel, William  
Ford, Thomas  
Foster, Dina  
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Pung, Mary  
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Rogers, Cheryl  
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Alpert, Larry and Sue  
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Cook, Tom and Owens, Anna  
Crosby, Mark  
Dewey, Katherine  
Doan, Rhonda  
Dotson, Patricia  
Eisler, Kay  
Ellickson, Mary A.  
Emery, Carol  
Ernst, Rex and Glenda  
Harder, H K.  
Hufnagel, Frank and Katherine  
Jones, Virginia L.  
King, Marvel  
Kirinovic, Steven  
Kokkoinakos, Panagiota  
Krcmarik, Lorraine  
Lighthill, Judy  
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Miller, Patricia  
Morrice United Methodist Women  
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Steinke, Sheila  
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White, Pat  
Willis, Stephen and Sheri  
Wood, Carol  
Wright, Annette

# Donors.....

## Business Donors

### Champion

Memorial Healthcare  
Murray Young Construction, Inc.  
St. Bartholomew's Anglican Church

### Hero

Abraham and Gaffney  
Baker College Of Owosso  
Cline, Cline & Griffin  
First Congregational Church  
FirstBank, St. Johns  
Kiwanis Club Of St. Johns  
Love Brunch Of Shiawassee DHS  
Maner Costerisan CPA  
McKenzie & Crosby Insurance Agency  
Owosso Cares Food Drives  
Redeemer United Methodist Church  
Wal-Mart of Owosso

### Pacesetter

ABATE of Michigan Region 20  
Clinton County Federal Credit Union  
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DeWitt Breakfast Lion's Club  
Fraternal Order Of Eagles  
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Say Computer

### Advocate

Allaby and Brewbaker  
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Bath United Methodist Women  
Buttonwood Press  
Goodwill Circle Of Kings  
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Laingsburg Clothesline  
Linda Scott Division, First  
Congregational Church  
M & M Restaurant Supply  
Neway Manufacturing  
Order Of The Eastern Star  
St. Johns Lioness Club  
Uncle Johns Cider Mill  
USDA  
Wacousta Community United  
Methodist Church

The above list reflects donors  
October 1, 2011 through  
September 30, 2012.

Along with the individuals and  
businesses listed above,  
SafeCenter received numerous  
donations from anonymous  
donors.

## *From the Board President and Executive Director.....(cont.)*

SafeCenter staff placed focus on the statistics surrounding sexual assault, how to prevent it, how to intervene (not be a bystander) and how to respond to victims who have experienced trauma. Information was shared on the current research which shows the significant relationship between trauma and how the body and brain are impacted.

### **Goal II. Build comprehensive community strategies focused on increasing safety from domestic and sexual violence.**

Children's programming was assessed this past year. Staff developed informational packets to share with parents so they are better able to help their children overcome the negative impact of the violence they have witnessed and/or experienced. In addition, two children's groups were formed. Children are able to meet other children with similar experiences and know that they are not alone in their journey. Structured activities are held to help children express themselves and overcome any fear and/or shame they may have. Staff has been trained in Trauma Informed Cognitive Behavioral Therapy to work with children who have experienced sexual assault and other violent trauma.

In collaboration with law enforcement agencies across the two counties, the Lethality Assessment Program (LAP) was implemented. The LAP is a best practice protocol which seeks to reduce harm and lethality in domestic relationships between intimate partners as well as connect victims to domestic and sexual violence services as soon as possible.

### **Goal III. Develop sustainable organizational resources.**

A data base for client services was implemented. This data base provides efficient means to collect and maintain service and client data. This is important in maintaining up to date communication, but also important for reporting outcomes to funders and the community. A data base also provides an evaluation tool so that service statistics can be analyzed for continuous quality improvement.

In addition to our annual dinner, SafeCenter hosted its first annual 5K Run/Walk. It was held at Devries Nature Center in October.

Thank you all for the support you have provided to ensure that victims and their families have the services they need to live a safe and healthy life.

*Rhoda Hacker,*  
Executive Director

*Sharon Bassette,*  
Board President

# Agency Programs.....

## Revenue & Expenses Year Ending September 30, 2012

### Emergency Services

SafeCenter operates a 24-Hour Crisis Line seven days a week, 365 days a year. It is often the first step many victims take in developing a safety plan and learning about resources and options available to them. The emergency shelter is open 24 hours a day, seven days a week, 365 days a year, serving adult and children victims of domestic and sexual violence. It is an environment free of violence which allows clients to receive safe shelter and emotional and physical healing. While at the shelter, families have access to services including individual and group supportive counseling, legal advocacy, referrals and transportation.

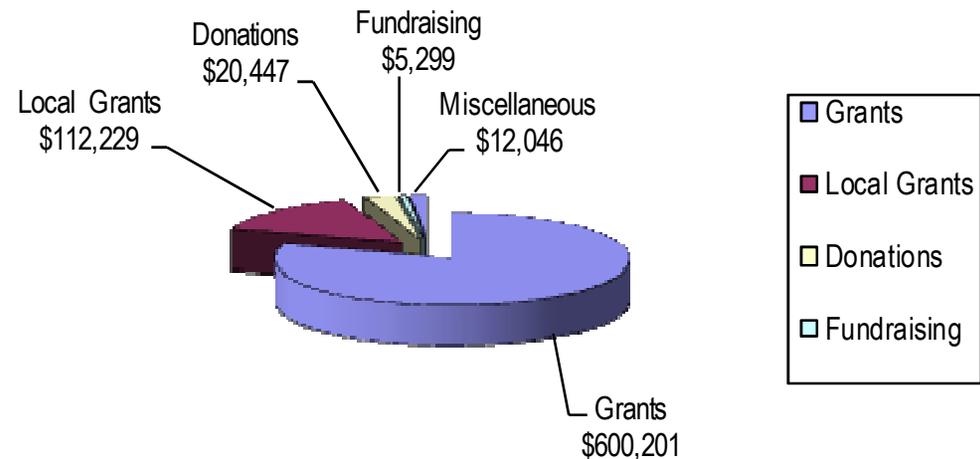
### Domestic Violence Programs

Domestic violence is commonly described as a pattern of behavior in which an abuser has learned to use force, manipulation and fear to control a family member or intimate partner. Abuse involves the deliberate domination and control of a person using the following means: physical assault (hitting, pushing, shoving, strangling, etc.), sexual violence (unwanted, forced sexual activity), stalking, emotional, psychological and financial abuse. Through both individual and group counseling, adults and children are assisted in identifying the effects of domestic violence on their lives. They then have the opportunity to discover ways to recover from abuse.

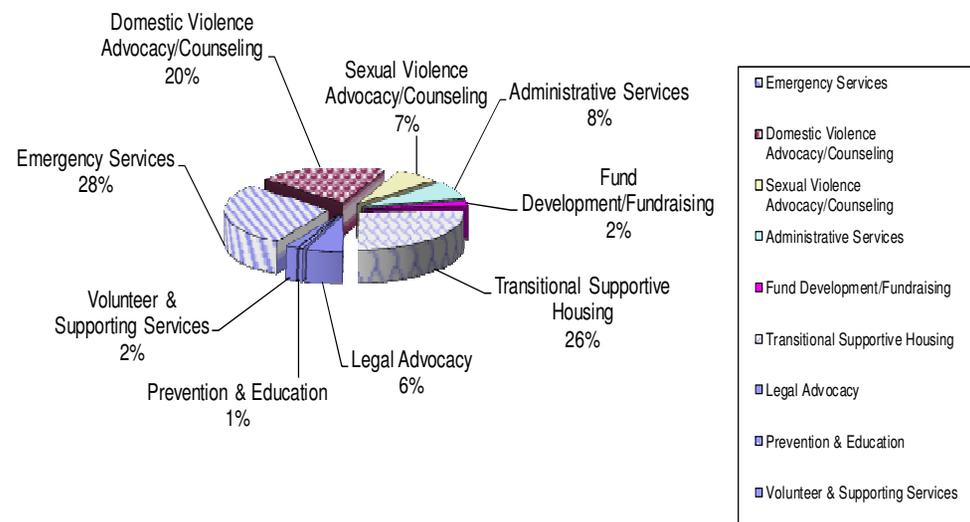
### Sexual Assault Programs

Sexual assault takes many forms including attacks such as rape or attempted rape, as well as any unwanted sexual contact or threats. Usually a sexual assault occurs when someone touches any part of another person's body in a sexual way, even through clothes, without that person's consent. Some types of sexual acts which fall under the category of sexual assault include forced sexual intercourse (rape), sodomy (oral or anal sexual acts), child molestation, incest, fondling and attempted rape. Through individual therapy and group counseling, adults and children are assisted in identifying the effects of sexual assault on their lives. They then have the opportunity to discover ways to recover from the assault.

2011/2012 Revenue



2011/2012 Expenses



# Assets & Liabilities

Year Ending September 30, 2012

<b>ASSETS</b>		
Current assets		
Cash	\$ 85,104	
Current portion of pledges receivable	4,000	
Due from State of Michigan	58,331	
Due from others	36,887	
Prepaid Expenses	536	
Total current assets	184,858	
Fixed assets		
Land	33,614	
Buildings		
Building - Operating	303,029	
Building - Improvements	63,127	
Equipment	106,894	
Less: accumulated depreciation	(90,380)	
Total fixed assets, net	416,284	
Other assets		
Noncurrent portion of pledges receivable	4,450	
Total other assets	4,450	
TOTAL ASSETS	\$ 605,592	
<b>LIABILITIES AND NET ASSETS</b>		
<b>LIABILITIES</b>		
Current liabilities		
Accounts payable	\$ 3,716	
Accrued wages	18,302	
Accrued vacation	6,414	
Current portion of long term liabilities	4,276	
Other accrued liabilities	7,226	
Total current liabilities	39,934	
Long term liabilities		
Mortgages payable	364,864	
Total long term liabilities	364,864	
Total liabilities	404,798	
<b>NET ASSETS</b>		
Unrestricted	219,915	
Temporarily restricted	19,121	
Total net assets	200,794	
TOTAL LIABILITIES AND NET ASSETS	\$ 605,592	

## *Agency Programs.....*

### ***Transitional Supportive Housing Programs***

The Transitional Supportive Housing Programs offer secure safe housing in Clinton and Shiawassee Counties for families over a 24 month time period. Over the course of the program, clients have the opportunity to gain independence while utilizing all of SafeCenter's services. The program will design and promote services that will seek to work with participants to:

- Strengthen financial independence
- Promote self-determination
- Cooperate and collaborate with other agencies and services that can assist participants in reaching their individual goals
- Assist in maintaining a peaceful, non-violent home environment
- Assist in obtaining and maintaining resources that will promote independent living
- Strengthen confidence and feeling of empowerment through independent living

### ***Legal Advocacy***

In the midst of dealing with stalking, physical, sexual and emotional abuse, Advocates help clients understand the legal process to utilize court systems. Legal Advocacy refers to empowering methods of assisting a victim or group of victims in obtaining legal and human rights. This may include providing victims with legal information and options, accompanying them through the legal system or advocating for them within the legal system. It also includes emotional support, encouragement and problem solving related to legal issues.

### ***Prevention and Education***

We are continually in contact with schools, community and service organizations, and agencies and businesses, educating about domestic and sexual violence and lending information and resources to assist in the prevention of violence.

### ***Volunteer Program***

As a nonprofit organization, SafeCenter relies on the support of individuals and community groups to help fulfill its mission. The success we have been able to achieve would not be possible without those who give so generously of their time.

## A client perspective.....

Domestic violence has been a part of my life since I was little. I grew up in a family that had no support system. It was literally every man for themselves. As a result, everyday stress and struggle became an excuse to be abusive.

As I grew into an adult, I found myself mimicking the patterns of my parents. I selected relationships that were often abusive in some way, shape, or form. I never felt victimized at first – I always blamed myself – much like my parents blamed me as a child for their abusive actions. I found myself rationalizing others’ behavior and telling myself, “If I just did better” or “If I just tried harder not to make them angry” or “If I just changed this about myself.” I had done this for so long, for so many years, that I literally lost sight of myself.

You see, domestic violence is a much bigger problem than other people abusing you. **Living in domestic violence situations changes you internally; eventually you begin to abuse yourself, and convince yourself you deserve the abuse of others.**

Without SafeCenter, I would have never been able to break this cycle. It is not enough to take a victim of domestic violence away from the abuser. They must be taught how to think all over again. SafeCenter offered counseling services that educated me on domestic violence and helped me rebuild my confidence and self-esteem. Their Shelter program gave me a place to stay while I figured out what I was going to do. Their Transitional Housing services gave me hope and the courage to be independent through case management and referral services.

Now I am doing it, building a life of my own, free of abuse. I no longer feel responsible for the abusive actions of others. I am more able to avoid these types of relationships because I value myself and have learned to set goals and not be dependent on others. **None of this would have been possible without the support of SafeCenter.**

Thank you.

## Statistics.....

	Adult	Children	Total
<b>Shelter Residents Served</b>	—	—	<b>132</b>
Clinton County	20	17	37
Shiawassee County	59	36	95
<b>Shelter Bed Nights</b>	—	—	<b>4583</b>
Clinton County	711	974	1685
Shiawassee County	1332	1566	2898
<b>Non-Residential Domestic Violence Clients</b>	—	—	<b>183</b>
Clinton County	53	12	65
Shiawassee County	96	22	118
<b>Clients Served in Sexual Assault Program</b>	42	9	<b>51</b>
<b>Group Attendees</b>	—	—	<b>533</b>
Clinton County	—	—	326
Shiawassee County	—	—	207
<b>Clients Served in Transitional Housing</b>	—	—	<b>77</b>
Clinton County	8	14	22
Shiawassee County	19	36	55
<b>Hours given by volunteers</b>	2,570		
<b>Value of hours given by volunteers</b>	\$38,550		

- \* SafeCenter added an on-site Transitional Supportive Housing Program that provides safe, affordable housing for 4 families.
- \* 97% of shelter residents reported learning additional ways to plan for their families’ safety.
- \* 97% of families served at the emergency shelter reported making positive changes in their lives during their stay.
- \* 95% of individuals and families served reported prompt phone and in person contact when they sought help in a time of crisis.